## CEASE AND DESIST

**NON-NEGOTIABLE**

***[YOUR ADDRESS & POSTCODE]***

***[DATE IN FULL]***

***[NAME OF CEO OF DEBT BUYING COMPANY]***

***[DEBT BUYERS NAME ADDRESS & POSTCODE]***

### NOTICE TO CEASE AND DESIST

RE: Account Reference Number: ***[THEIR REFERENCE NUMBERS HERE - DON'T PUT ANY THAT HAVE A CCJ]***

### This is a legal notice. Please read it carefully as it means what it says. Do not ignore it.

You are hereby served notice as of [Date in full], under the Harassment Act 1997 to immediately cease and desist any and all communication with the above addressee

You are further served notice to immediately cease and desist all calls and texts to any phone numbers associated with the above addressee.

Furthermore, you are to cease and desist in any attempt to contact the family, friends, neighbours, employers or any person(s) associated with the addressee in regards to this matter.

Please note that failure to comply with this notice may result in complaints being lodged with the appropriate regulatory bodies, and in some cases may lead to legal action.

Take further note that continued telephone calls after the receipt of a request not to call may constitute a criminal offence under the Harmful Digital Communications Act 2015.

Without malice or mischief, in sincerity and honour

Yours faithfully,

***[YOUR FULL NAME - NO SIGNATURE IS REQUIRED]***